



NEWSFLASH

Loudoun County  
VIRGINIA

## Inside Sterling

Supervisor Koran T. Saines

### DAILY COVID-19 UPDATE

~MARCH 30, 2020~

## Governor Northam Issues Statewide Stay at Home Order

RICHMOND



Governor Ralph Northam today issued a statewide Stay at Home order to protect the health and safety of Virginians and mitigate the spread of the novel coronavirus, or COVID-19. The executive order takes effect immediately and will remain in place until June 10, 2020, unless amended or rescinded by a further executive order.

[Read the full press release](#)

## Volunteer Opportunities

We are seeing an increase in people asking how they can help, where can they volunteer.

Members of the Loudoun County Medical Reserve Corps (MRC) are actively supporting COVID-19 response efforts.

Anyone, **medical and non-medical**, who wants to be eligible to assist in the response should go [here](#) for more information.

Please remember that you must be a credentialed member of an organization such as the MRC to be able to assist now or in the future. Spontaneous volunteers are strongly discouraged.

Explore the [Loudoun Cares Volunteer Center](#) for opportunities to lend a hand.

Loudoun County has also put together a site with suggestions on what you can do to help your neighbors, as well what the county is doing in response to the crisis. [Learn more about helping the community](#).



## Loudoun County Accepting Donations of Personal Protective Equipment for Distribution

### Personal Protective Equipment



- > [Make a donation](#)
- > [Make a request](#)

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[loudoun.gov/PPE](http://loudoun.gov/PPE)

Loudoun County is now accepting donations of personal protective equipment (PPE) and distributing the supplies to Loudoun-based health care providers and facilities in need. Personal protective equipment may include: surgical masks, N95 respirators, disposable gowns, face shields, coveralls, gloves, and hand sanitizer.

The county is not able to accept homemade equipment, such as homemade masks.

The county is also fielding requests from Loudoun-based health care providers and facilities in need of personal protective equipment. Requests can be made through an online form [here](#).

[Read more](#)

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## Unemployment Insurance

The unemployment insurance program, administered by the Virginia Employment Commission (VEC), provides temporary financial assistance to individuals who become unemployed through no fault of their own.

Under normal circumstances, individuals who meet a strict set of employment-related criteria can receive weekly payments over a period of 12 to 26 weeks, but efforts are underway at both the state and federal level to expand eligibility, increase payments, and extend the duration coverage.



As a result, all Virginians who have experienced job or income loss as a result of the Coronavirus crisis are encouraged to file an application for unemployment insurance using the VEC's [online portal](#), selecting "Lack of Work" as their reason for separation.

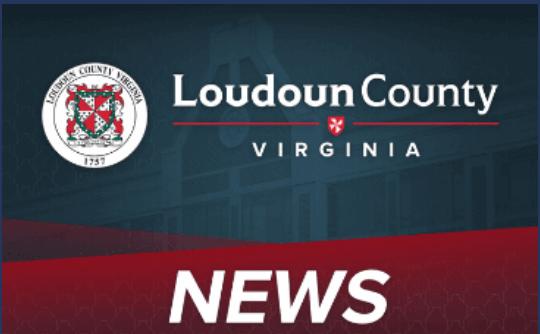
Please note, recipients will be required to access the portal each week to claim their unemployment insurance payment.

Detailed instructions for individuals applying for unemployment insurance benefits can be found [here](#).

An FAQ on unemployment benefits can be found [here](#).

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## Stress and Coping



The outbreak of COVID-19 may be stressful and overwhelming for some. Consider these resources for information for yourself and your family:

- [Coping with Stress During COVID-19 Outbreak](#)
- [Helping Children Cope with Stress During COVID-19](#)

If you are experiencing a behavioral health crisis, Emergency Services are available 24 hours daily, seven days per week at [703-777-0320](tel:703-777-0320).

For general information questions, [email](#) Mental Health Services or call at [703-771-5155](tel:703-771-5155).

## Loudoun County Public Schools Updates

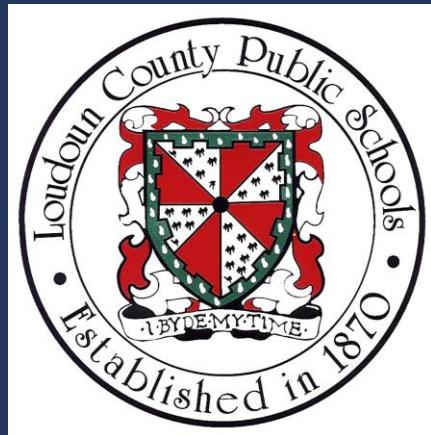
LCPS has put up an additional [website](#) with mental health, wellness and community resources for families. Please share this link widely.

Distance learning (digital and non-digital) for LCPS students will begin on Monday, March 30.

More information is available at [LCPS Continuity of Education Resources](#). Here is the latest update from LCPS regarding the distribution of Chromebooks and hotspots.

LCPS continues their [meal delivery program](#) in order to target the greatest need. [Maps](#) indicating the locations and scheduled times of “meal stops” have been updated. LCPS served 16,025 meals today, and also distributed 44 food bags from Loudoun Hunger. Loudoun Hunger provides bags on Mondays and Thursdays, which are given out until exhausted. LCPS has served 135,474 meals and have distributed 1,474 food bags from Loudoun Hunger since March 13, 2020.

LCPS COVID-19 telephone “hotline” number is [571-252-6499](tel:571-252-6499).



## 2020 U.S. Census Deadline Extended



The deadline to complete the 2020 Census has been extended.

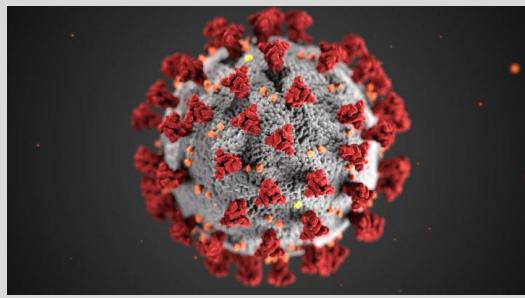
To slow the spread of coronavirus among workers and the public, 2020 census field operations are suspended until April 1 and the deadline to complete the census is now extended to August 14.

**The safest time to respond to the 2020 Census is now, at home, and online.**

You do not need a code to respond if you did not receive a mailer – simply visit [www.2020Census.gov](http://www.2020Census.gov) and click Respond to get started! Your response ensures the resources we are using now, including school meals and healthcare, to respond to situations like COVID19 are available to all families for the next 10 years. It takes only 10 minutes by computer or smartphone, available in 13 languages, and your answers are confidential.

## Stay Informed!

Keeping with the Board of Supervisors' policy, regularly scheduled meetings of the Board's [advisory boards, commissions and committees](#) are canceled while Loudoun County Public Schools are closed. The county will provide updated information on meeting status as this rapidly evolving situation continues. For the most current schedule, please visit [loudoun.gov/calendar](http://loudoun.gov/calendar).



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The county continues to encourage everyone in the community to take steps to limit the spread of COVID-19, which include:

- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer only if soap and water are not available.
- Avoid touching your eyes, nose and mouth.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing.
- Clean and disinfect frequently touched objects and surfaces.
- Stay home when you are sick.
- Avoid contact with sick people.
- Avoid non-essential travel.

Loudoun County encourages residents to stay informed about COVID-19

- To receive email updates on COVID-19, visit [loudoun.gov/coronavirus](http://loudoun.gov/coronavirus).
- Text LCCOVID19 to 888777 to receive text alerts from Loudoun County about COVID-19.

Residents with questions about COVID-19 may call the Loudoun County Health Department's information line, 703-737-8300, or email [health@loudoun.gov](mailto:health@loudoun.gov).

### **Supervisor Koran T. Saines**

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[Loudoun County Government](#)

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### **STAY CONNECTED**



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